

# Learning The Right Way



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**HUMAN BEINGS ARE AT  
THE CENTER OF CONCERNS  
FOR SUSTAINABLE  
DEVELOPMENT.  
THEY ARE ENTITLED TO  
A HEALTHY AND PRODUCTIVE  
LIFE IN HARMONY  
WITH NATURE**

United nations 1992

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## Building sustainable practices every day in students life

It was rightly said by Lao Tzu that 'A journey of a thousand miles begins with one step'. Yes! Indeed one step towards changing the mindsets of people can bring in a whole lot of change in our surroundings. Personal, family and community wellbeing is a foundation and aspiration of sustainability.

Who are those future sustainable leaders that can be the change agents? They are none other than our students, inspired and motivated by all stakeholders of the school.

It is these powerful student leaders, who can create a movement and have the courage to take the step and embark on a journey to bring changes around them and the world at large. As global citizens what should be the role of student leaders and their team mates? Small changes can bring a big impact when each do their part.

### Here are few tips that shall help in building relationship skills at home and school:

- Students from Kindergarten to Senior Grades should be given opportunities to nurture plants in school as well as at home. Scientific details should be dealt by the teachers in the class by connecting the green values with the lessons taught.
- Opportunities to be created for students to visit market, botanical gardens etc. to learn about organic fruits and vegetables.
- Involve students into an act of self-reflection and take logical decisions on improving their environment, monitor their actions at home and school, talk to them on the importance of saving and its impact on the society.
- Make them understand the adverse effects of waste and show them examples of people who are not as fortunate as them.
- Discuss with children the difference between needs and wants and provide them opportunities to make decisions on buying materials.

As future earth citizens, we should make our children understand that life is a function of ecosystems, human society is a part of this system and there are limits to the demands that we place upon it. We need to instill in them the sense of custodianship for the natural environment, actively caring and taking charge of everything around them.