

Learning The Right Way



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**CHILDREN HAVE
MORE NEED
OF MODELS THAN
OF CRITICS**
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-Joseph Joubert

Guiding Students To Self-assess And Grow As Learners

We are in the 21st century where learning among students is no more one size fits all method of transmitting knowledge and skills. Today, learning is interactive, taking decisions collectively, moving beyond with what one knows, seeking out knowledge that shall help in exploring, inventing and creating new knowledge that is innovative and creative.

To help our students grow, the skill of metacognition must be taught to them. This will enable them to become aware of their own skills, understand their strengths and areas for improvement.

Students must be given a lot of exposure at school, home and to the outside world. Multiple opportunities shall enable them to grow into mindful, receptive learners, ready to take charge and explore.

Positive communication is the key to help and guide students to gain trust and confidence in their abilities and work towards moving forward with zeal and enthusiasm.

Here are few tips that shall guide parents and teachers to help students:

- Instruct students to self-reflect their everyday experiences at home or school. Maintaining a diary shall be a good practice for self-reflection.
- Provide adequate opportunities for students to share their reflections in the classroom and at home.
- Social and emotional skills of students should be strengthened by giving opportunities for them at home and at school.
- Provide students the liberty to take decisions and analyze their behavior. This is the best way to direct them towards acceptable behavior.
- Build positive relationship and answer all their queries with patience and love.
- Create systems of support and routines at home and school. This shall create awareness on what they are expected to do.

Lastly, build a climate of trust, confidence and positivity so that students self-assess themselves without fear, knowing that they can get the required guidance and help from adults.

How adults work at school and home is as important as individual competence; lasting changes begins with adult community.